

# Birds & Culture of Nepal

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## Day 1

### Arrival Kathmandu

Arrive at Kathmandu's Airport. Meet, assist & transfer to Hotel by our representative. Rest of the day will be at leisure. Overnight at Hotel.

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## Day 2

### Kathmandu – Phulchowki Hill – Kathmandu

Early morning drive to Phulchowki Hill after breakfast. Enjoy Panoramic view of majestic Himalaya from the Top. Then, Hike down from Phulchowki Hill Bird watching along with naturalist guide. Godavari Botanical Garden Phulchowki: From Godavari to Phulchowki peak, there are an estimated 270 bird species with 17 listed as endangered. Godavari proper has 100 species recorded. It is impossible to photograph all of them. Phulchowki at 2760m is the highest of the mountains situated 20 km South East of Kathmandu encircling the valley and provides an ideal introduction to the birds of Nepal. Phulchowki has a great density of bird species —around 300 species. The hillside trails and roads are covered with forest featuring outstanding flora as well as diverse birds. Bird watchers in Phulchowki might encounter birds such as the endemic spring babbler, as well as the Curia, Mountain Hawk Eagle, Rufous Bellied Pied Woodpeckers and the Black-throated Parrot bill, to name a few. The Blue-Napped Pitta and a Redheaded Trojan are rare birds found in the area. The Godavari, at the foot of Phulchowki hill where the Royal Botanical Garden is situated, records over 100 species of birds including the lesser racket-tailed Drongo, Tibetan siskin, and the spotted fork tail. The garden is a plantation containing exotic and local flora and is a 'Garden of Dreams' for birds and bird watchers alike. Packed Lunch Inside Godavari Botanical Garden. & Drive Back to Kathmandu. Overnight at Hotel in Kathmandu.

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## Day 3

### Kathmandu – GhaleGaun (190 kms/6 hrs.)

Breakfast at Hotel. Transfer towards Ghalegaun famous for its local culture. Short Hike to reach Ghale gaun/village. Ghale Gaun Village Ghale Gaun Village Homestay is for those travelers, who want to explore local life of Nepali people. Ghale Gaun is a beautiful village in north central Nepal, at the foot of the Lamjung Himal (6932m). This village is inhabited mostly by the Gurung communities. Many members of Ghale Gaun who have served and are currently serving the British Army, are known as the famous Gurkha soldiers. It lies in the north west of the capital Kathmandu. Approximately 21 Km. away and 13 Km. far from the Pokhara. Ghale Gaun is not only to explore local life of Nepali people, it is also offer a superb breathtaking views of the mountain including Annapurna I, Annapurna II, Himalchuli, Mahhapuchhare, Annapurna IV, Bouddha Himal etc. Villagers were welcoming with warm greetings by wearing their traditional customs to the tourist. Local food, handicraft, Gurung Museum, Gurung Culture, spectacular mountains view are the prime attraction of the Ghale Gaun Village Home stay Tour. Dinner In Local Family Kitchen & Overnight at Homestay.

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## **Day 4**

### **GhaleGaun – Pokhara (120 kms/4 hrs.)**

Breakfast at the House with Family. Morning Village Walk. Then, proceed towards Pokhara from Ghale Gaun. Late afternoon Boating tour at Phewa Lake. Overnight at Hotel.

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## **Day 5**

### **Pokhara**

Morning Excursion to Sarangkot for Sunrise. Back to Hotel for Breakfast. Visit major highlights of Pokhara City. [Devi's Fall, Bindabasini Temple, Seti River Gorge, Gupteshwor Mahadev Cave & Tibetan Refugee Camp. Overnight at Hotel.

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## **Day 6**

### **Pokhara – Chitwan (150 kms/4 hrs).**

Breakfast at Hotel. Transfer to Chitwan from Pokhara. Activities in Chitwan as per jungle plan. Lunch, Dinner & Overnight at Resort.

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## **Day 7**

### **Chitwan**

Morning Canoe Ride in River where you can encounter various species of Birds, Wildlife and Floras. Experience Jungle Walk in Chitwan with Naturalist Guide. Overnight at Resort. [FB]

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## **Day 8**

### **Chitwan**

Full Day Jungle Experience at Chitwan. [Includes Jeep Safari, Bird Watching, Tharu Village Walk, Cultural Show etc] Overnight at Resort. [FB]

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## **Day 9**

### **Chitwan – Kathmandu (180 kms/5 hrs)**

Breakfast at Hotel. Drive Back to Kathmandu. Evening Free at Leisure. Overnight at Hotel.

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## **Day 10**

## **Kathmandu**

Breakfast at Hotel. Full Day Sightseeing tour of Bouddhanath Stupa, Pashupatinath Temple & Bhaktapur Durbar Square. Overnight at Hotel.

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## **Day 11**

### **Kathmandu - Departure**

Breakfast at Hotel. On time transfer to Kathmandu's International Airport for Final Departure.

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